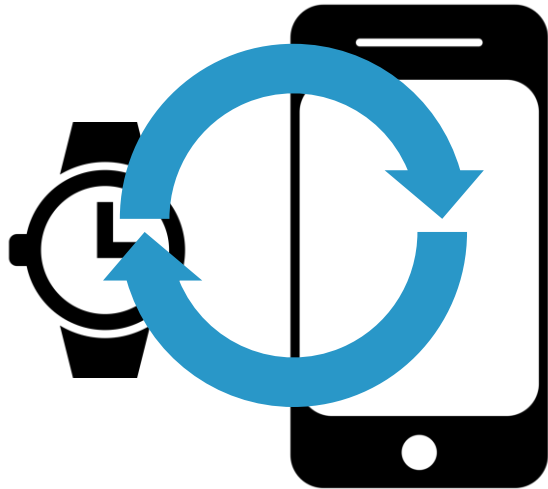


Syncing **Garmin** to **HLA *Fit* App**



Syncing Garmin (Steps 1-3)

Please follow the instructions outlined below to connect the Garmin wearable to HLA FiT App



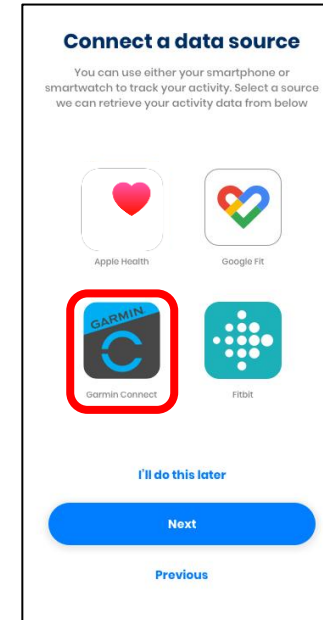
Step 1 -

Pair the wearable with the mobile app. The user must have Garmin Connect installed in his device.



Step 2 -

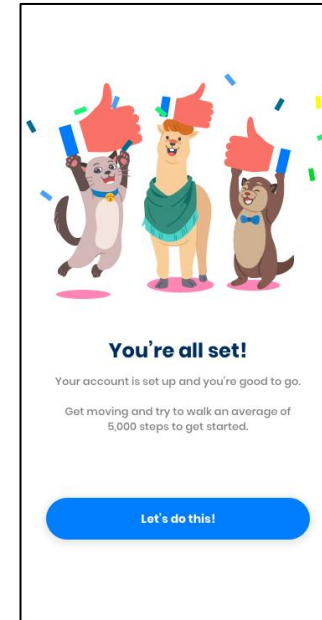
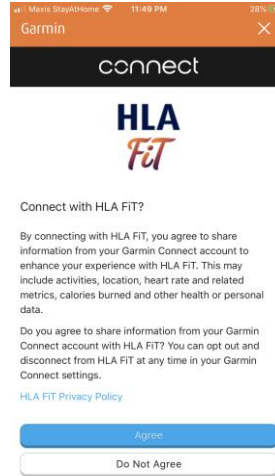
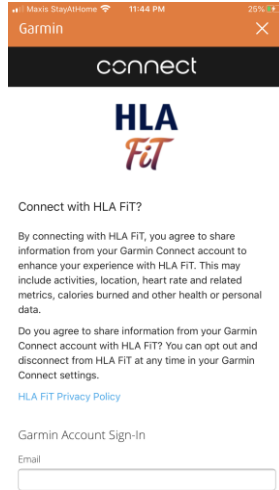
Open Garmin Connect in the device. Make sure that the wearable is connected and Garmin Connect stores the wearable's latest data.



Step 3 -

Open HLA FiT App and connect to "Garmin".

Syncing Garmin (Steps 4-6)



Step 4 -

When prompted, the customer must log in to Garmin Connect.

Step 5 -

The customer must agree to disclose their activity data to HLA FiT.

Step 6 -

The user's Garmin wearable is connected to HLA FiT App. Ensure this by making sure that the latest activity data from Garmin Connect is reflected in the app.